

SADIE TANNER
MOSSELL ALEXANDER

UNIVERSITY OF PENNSYLVANIA
PARTNERSHIP SCHOOL

PAS Weekly

Upcoming Events

PAS Schedule

- 9/12: E Day
- 9/13: A Day
- 9/14 B Day
- 9/15: C Day

School Advisory Council (SAC)

PAS Library
September 12, 3:45pm

Back to School Night

September 13
Kinder, 5-6pm
1GR-8GR, 5-7pm

**School Closed for Students
Teacher Professional Development**
September 16

**School Closed
Rosh Hashanah**
September 26

Coffee With The Principal
PAS Lunchroom
September 29, 8:45am

Dear PAS Community,

K-8 Back to School Night & Fall Title One Meeting

We invite parents and guardians to join us on **Tuesday, September 13** for our **Back to School Night & Fall Title One Meeting**. Teachers will give an overview of the academic program, expectations, schedules, communications and other important information.

Please also stop by our specialist classrooms for library, technology (B28), gym, music (106), SEL (208), and art (308).

Schedule

- KGR: 5-6pm only
- 1-5 GR: 5pm or 6pm (repeat of 5pm session)
- 6-8 GR: Click [here](#) for schedule.

Health and Safety Update

Starting Monday, September 12, masking will be optional but strongly encouraged as outlined in the District's [Health & Safety Protocols](#). Please make a decision that is best for your family. We know that many children and teachers will continue to wear masks. We intend to respect everyone's right to do so.

Please reach out if you have questions.

Yours in Education,

Principal Overton





Reminders

For arrival on inclement weather days, students who are eating breakfast should report to the lunchroom no earlier than 8am. **Students who are not eating breakfast should report to the locations below at 8:25am.** Mrs. Talbert will direct students to the correct location. Teachers will pick up their classes from these locations.

KGR: drop-off at lunchroom doors and staff will assist them to the gym.

1-3GR: lunchroom

4GR: hallway outside lunchroom

5-8GR: atrium steps via main entrance door

For dismissal on inclement weather days, students* will line up in the locations listed below. Mrs. Talbert will direct parents and students to the correct location.

KGR: hallway outside lunchroom

1-3GR: lunchroom

4GR: hallway outside lunchroom

5-8GR: main entrance fire tower stairs

*students attending afterschool programs report to the atrium steps.

Please **return the SDP Updated Contacts Form** we sent home last week. This form contains the contact information we have for you in the district enrollment system. This information is used to contact you when your child is sick, absent, late, or if there is an emergency. It is important that this information is correct. Please review, make any corrections and return it as soon as possible.

If you haven't done so already, please also **complete this google form with your emergency contact information** for each child: <https://forms.gle/ihHf3CvSZFudLevZ8> and the [Covid testing Consent form](#) in order for your child to be tested at school by our school nurse. The purpose of student testing is to provide an additional layer of prevention to slow the spread of COVID-19 in school buildings and extracurricular activities. The testing program is convenient, safe, and free of charge. Click [here](#) for the non-English form.

Uniform Guidelines for this school year, can be found [here](#). As reminder, there is no need to shop at a uniform store.

Students should bring their **charged school Chromebook** to school each day.

When your **child is absent**, **email** your child's TEACHER and Secretary MS. BULLOCK (abullock@philasd.org) Subject: (CHILD'S NAME) ABSENT

Please **sign up to be a buddy to a new family at PAS**. Buddy families support our new families by helping them navigate basic workings of the school - how to contact of teachers or administrators, how to know when author celebrations or other events are happening in the school, and how to give to and learn from the vibrant life of the school! You aren't required to know the answer to everything - just to know where to send a family with a question or concern if you can't answer it! "Email Assistant Principal Ms. Johnson or Ask Dean of Students Mrs. Talbert " is a great answer to many questions, for example! Are you willing to help support new families joining the life of our school in this warm, very-low-impact way? Contact Ann Kreidle at kreidlea@upenn.edu or 215-284-8601 for more information.

Confused about what to wear to school?

Check out our pics below.

Shout to our PAS students for helping to inform our community.

Uniform Guidelines for this school year, can be found [here](#). [District students](#) are expected to follow the guidelines set by their school. As reminder, there is no need to shop at a uniform store.



COVID-19 Student Pre-Entry Screener

Parents/Students: All parents/guardians will be required to conduct a daily pre-arrival screening of their children at home, before their children leave for school, which involves taking temperatures daily and monitoring for the symptoms identified below.



Frequent Cough



Shortness of Breath



Sore Throat



Chills



Headache



Muscle Pain



New Loss of Taste or Smell



Fever of 100.4°F or above

1. In the past 24 hours, have you had one of the following symptoms unrelated to a pre-existing medical condition: frequent cough or shortness of breath?

Yes No

2. In the past 24 hours, have you had TWO of the following symptoms unrelated to a pre-existing medical condition: sore throat, chills, headache, muscle pain, new loss of taste or smell?

Yes No

3. In the past 24 hours, have you experienced a fever of 100.4°F or above?

Yes No

4. Have you been in close physical contact with someone who tested positive for COVID-19 within the past 14 days? *Close contact: Within six feet of a Covid positive person for a total of 15 minutes or more over a 24-hour period during the 48 hours before the positive person exhibited symptoms or if asymptomatic, 48 hours before the Covid test was administered.

Yes No

5. Have you traveled outside of Pennsylvania in the past 10 days?

Yes No

If any of the responses to the questions above are YES, please do not send your child to school and contact the school nurse for further instructions!

Предварительный осмотр студентов на COVID-19

Родители/учащиеся: Все родители/опекуны должны будут проводить ежедневный предварительный осмотр своих детей дома, прежде чем дети отправятся в школу. Осмотр включает в себя ежедневное измерение температуры и мониторинг симптомов, указанных ниже.



Частый кашель



Одышка



Боль в горле



Озноб



Головная боль



Боли в мышцах



Потеря обоняния и вкуса



Температура 100.4°F и выше

1.

Имелся ли у вас за последние 24 часа один из следующих симптомов, не связанных с ранее существовавшим заболеванием: частый кашель или одышка?

Да

Нет

2.

Были ли у вас за последние 24 часа любые ДВА симптома, не связанные с другим заболеванием: боль в горле, озноб, головная боль, мышечные боли, потеря вкуса или запаха?

Да

Нет

3.

Испытывали ли вы за последние 24 часа лихорадку 100,4 °F или выше?

Да

Нет

4.

Были ли вы в тесном физическом контакте с кем-то, у кого положительный результат теста на COVID-19 в течение последних 14 дней? * Тесный контакт: в пределах шести футов от человека с положительной реакцией на Covid в общей сложности 15 минут или более в течение 24 часов – в течение 48 часов до появления симптомов у человека с положительной реакцией или, если симптомы отсутствуют, 48 часов до проведения теста Covid.

Да

Нет

5.

Вы ездили за пределы Пенсильвании в последние 10 дней?

Да

Нет

Если вы ответили ДА на какой-либо из вопросов, пожалуйста, не отправляйте ребенка в школу и обратитесь к школьной медсестре за инструкциями!

COVID-19 学生返校前检测

家长/学生们: 所有家长/监护人在家里和离开学校时都必须对他们的孩子进行返校/回家前检测,检测包括每日测量体温并且监测以下症状。



频繁咳嗽



呼吸急促



咽喉痛



畏寒



头痛



肌肉疼痛



新发现的味觉/嗅觉失灵



发烧100.4°F 或以上

1. 在过去的24小时内, 你是否有以下一种与既往疾病无关的症状: 频繁咳嗽或呼吸急促?

是 否

2. 在过去的24小时内, 你是否有以下两种与既往疾病无关的症状: 咽喉痛、畏寒、头痛、肌肉疼痛、新发现的味觉/嗅觉失灵?

是 否

3. 在过去的24小时内, 你是否有发烧 100.4°F或以上?

是 否

4. 在过去的14天内, 你是否与COVID-19 测试呈阳性的人有近距离接触? *近距离接触: 在六英尺内与Covid阳性人员在出现症状或无症状的48小时中的24小时内, 以及在该人员接受Covid测试前48小时内, 接触15分钟或长时间。

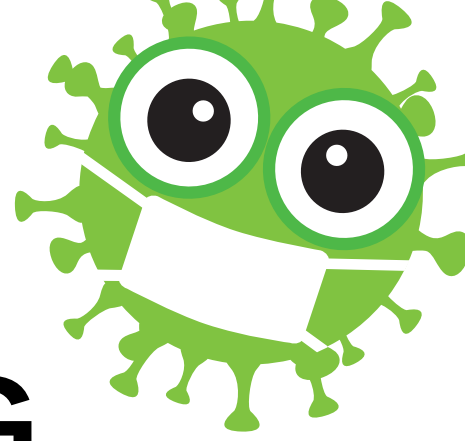
是 否

5. 在过去的10天内你有离开过宾夕法尼亚州吗?

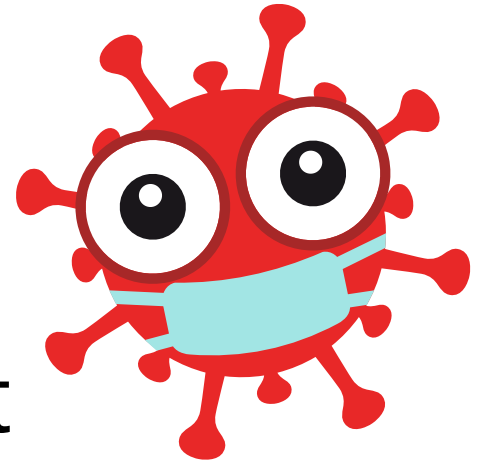
是 否

如果对以上任意一个问题回答为“是”, 请不要将您的孩子送回学校, 并联系学校护士以获取进一步说明!

EMERGENCY CONTACT + COVID TESTING CONSENT



Please fill out these
forms for your student

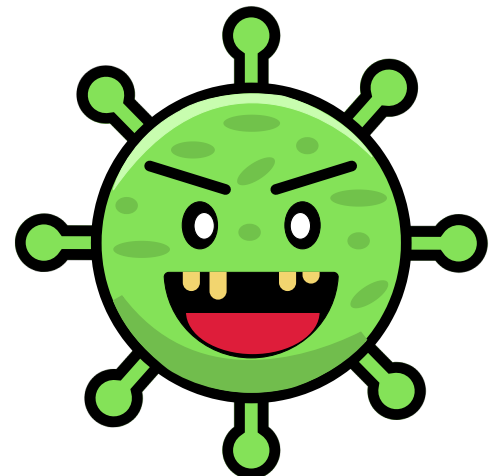
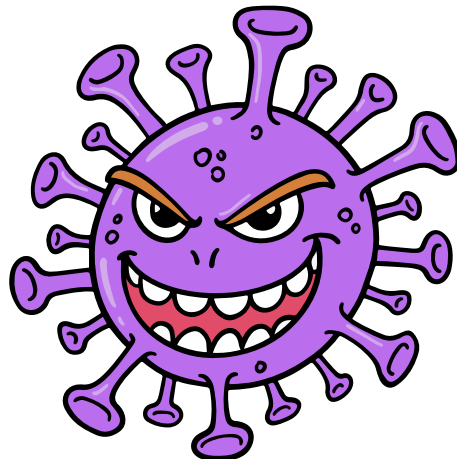
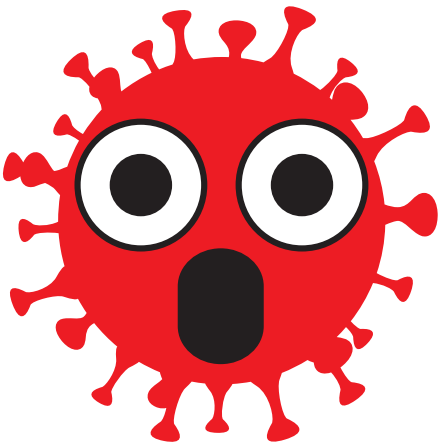


Emergency Contact form:

<https://forms.gle/ihHf3CvSZFudLevZ8>

COVID19 testing consent:

<https://docs.google.com/forms/d/e/1FAIpQLSeWhdCJO0beIxE5WGoftAJGqBePTGfSedWtAol9cFycj1Vjw/viewform>



SAC MEETING IS COMING UP!

Do you want to support PAS school improvement & academic achievement Join us at the next SAC meeting!



Mark Your Calendar, Get On The Agenda
We need to hear from YOU!

MONDAY, September 12, 2022 @ 3:45 – 4:45 PM

PAS Library

PENN ALEXANDER SCHOOL ADVISORY COUNCIL (SAC)

The Penn Alexander School Advisory Council (SAC) is composed of peer-elected stakeholders including parents, staff and community members. The SAC is a forum for discussion and collaboration with the Penn Alexander School administration on school-based decision making with a focus on student achievement and school improvement.

SAC meetings are public and open to all families and community members. The first thirty minutes of each meeting is reserved for family or community members to address the SAC in a public forum, each speaker will be given three minutes to speak.

If you wish to speak at a SAC meeting, please email SAC Chairperson, Vidya Plainfield at vidya_plainfield@yahoo.com by 3:45PM the day prior to the meeting. If you are unable to attend, you can submit a public testimony that will be shared with all SAC members.

TENTATIVE MEETING AGENDA:

| | Agenda Topic | Time Estimate |
|---|--|----------------------|
| 1 | Open Forum | 30 minutes |
| 2 | Approval of Meeting Minutes | 5 minutes |
| 3 | SAC Officer Update | 10 minutes |
| 4 | Principal Report | 10 minutes |
| 5 | Future SAC Meeting Dates -9/12/22, 10/10/22, 11/14/22, 12/12/22, 1/9/23, 2/13/23, 3/13/23, 4/10/23, 5/15/23, 6/12/23 | 5 minutes |

To learn more about Penn Alexander's SAC and review a list of SAC members, please visit our SAC website-pennalexander.philasd.org/school-advisory-council/

SADIE TANNER MOSSELL ALEXANDER UNIVERSITY
OF PENNSYLVANIA PARTNERSHIP SCHOOL

BACK TO SCHOOL NIGHT

Join us on September 13th
1st-8th 5-7 PM
Kindergarten 5-6 PM



Come to learn about our academic
programming, meet your child's
teacher and visit the classrooms!

SADIE TANNER
MOSSELL ALEXANDER
UNIVERSITY OF PENNSYLVANIA
PARTNERSHIP SCHOOL

August 29, 2022

Dear Middle School Families,

Welcome to the 2022-23 school year. We are excited to embark upon this academic year with your middle school student.

The teachers in the middle school are:

English/Language Arts: [Ms. Moon](#) (317) and [Ms. Mikolajewski](#) (319)

Mathematics: [Mr. DiMatties](#) (310) and [Ms. Johnson](#) (309)

Social Studies: [Mr. Naughton](#) (317)

Science: [Ms. Kearney](#) (301)

Student Support: [Ms. Adorno](#) (313)

During this first week of school please review the [Acceptable Use Policy of Internet, Technology and Network Resources](#) with your child. Also, please review the [School District of Philadelphia Code of Conduct](#).

Throughout the year we communicate with families through the Middle School Google Classroom. Students will join the MS Classroom on the first day of school in their homeroom class, and parents will then receive an invitation to their email. **When you receive this invitation email, please accept the invitation to join the class.** Each week, the topics covered in each class for the upcoming week will be sent to parents via Google Classroom.

You should have received a list of school supplies last spring. The Edukids have arrived and will be distributed to students during the first days of school. **Please make sure your child comes to school with a charged Chromebook each day.**

The Middle School Schedule can be accessed [here](#). Back to School Night for Middle School will be held on Tuesday, September 13th from 5-7 pm. Stay tuned for more information.

We are looking forward to a wonderful journey with your child this school year. Have a great week!

Warmly,

The Middle School Team

Dear Parents,

Fall, 2022

We are thrilled to be able to send select students to the 2022-23 All City Middle School Choral Festival. Those selected will rehearse on Wednesday mornings from 7:35-8:20. Auditions will take place during the school day in the coming weeks for students in grades 6-8. We may schedule additional practices after school if needed.

The 2022-2023 All City Middle School Choral Festival will be held on December 7, 2022 **at 7pm at the Temple Performing Arts Center (TPAC) 1837 N Broad St, Philadelphia, PA 19122**. The dress rehearsal will be held the day before, December 6, from 10:30-1:30, also at TPAC. Prior to that, there will be 3 rehearsals at the Philadelphia Boys Choir rehearsal space, at 1336 Spring Garden Street. Rehearsals will run from 10:30am to 1:30pm on 10/21 Friday, 11/10 Thursday, 11/30 Wednesday.

Changes for this year:

- Due to the size of the Boys Choir rehearsal space, we will have one choir. This is a change as of July, 2022.
- PAS may bring 9 students in grades with a SAB mix (3 sopranos, 3 altos, and 3 baritones). *If we do not have baritones, we may only bring 6 students.* Unchanged male voices may only be assigned to sing soprano or alto.

All students must meet the following criteria in order to participate:

1. Excellent, model-citizen behavior.
2. Ability to maintain pitch, learn music quickly, and sing in parts.
3. Desire and ability to participate.

If you child in interested in auditioning, please fill out this form  [All City Choir Interest Form](#)

Musically Yours,
Mrs. Erica Zimmer

CALLING PAS ROOM PARENTS!!!

As we begin the next exciting year at PAS, we are looking for Room Parents to support our wonderful PAS classrooms. Room Parents are an extremely important part of the PAS team, helping to support teachers and kids throughout the school year. Being a Room Parent is a great way to get to know kids and parents, and doesn't need to be a lot of work – it's also a lot of FUN! We will try to assign 2-3 Room Parents per class, so you'll also have great people to work with. **Interested? Please contact Christine Hill-Kayser (hill.kayser@gmail.com) with your name and the room you'd like to support.**

We are still in need of Room Parent support for the following rooms:

Kindergarten: Naughton (231), Cronin-Connolly (233)

First Grade: Sharp (131)

Second Grade: Severino (117), Brame (118)

Third Grade: Newberg (109), Hibbs (108)

Fourth Grade: Foster (201), Ottinger (210)

Fifth Grade: *all rooms!*

Seventh Grade: Naughton (318)

Eighth Grade: *all rooms!*

Want to help, but don't see your teacher's name on the list? Please still reach out to hill.kayser@gmail.com. Most classrooms still have room for a third Room Parent.

Many thanks to those who have already volunteered! We are very happy to have you!

Penn Alexander School Gear Order Form – Fall 2022

Inventory as of 9/5/2022. If more sizes are available, this form will be updated.
 Contact Ann Kreidle at kreidlea@upenn.edu or stop by the main office if you have questions.

Please attach cash or check made out to Home and School Association of Penn Alexander and return to main office OR order online:

<https://www.hsapennalexander.org/form/m/200036>

Prior Year shirts and hoodies are only available online!

Orders will be sent home with your child on the Monday after we receive payment.

Complete and return this form ONLY if you ARE NOT ordering online, online orders preferred.

| | |
|---|--|
| Student Name | |
| Teacher/Room # | |
| Parent Name | |
| Parent's contact info (phone or email) | |

PLEASE circle what Size you wish to order. (Y = Youth; A = Adult)

| Item | Color | Lettering Style | Size | Quant ity | Total Price of Item |
|--------------------------------------|------------------------------|-----------------|----------------------------------|--------------|------------------------|
| Short Sleeve T-Shirt | grey Cotton | white | YXS YS YM YL YXL AL | | x \$10 = ____ |
| Short Sleeve T-Shirt | light blue <u>Dri-Fit</u> | navy | YXS YM YL YXL AL | | x \$12 = ____ |
| Pullover Hoodie | dark blue | | YXS YS YM YL YXL AS AM AL AXL | | x \$25 = ____ |
| Zipper Hoodie - YOUTH | dark blue | | YXS YS YM YL YXL | | x \$27 = ____ |
| Zipper Hoodie - ADULT | dark blue | | AS AM AL AXL | | x \$30 = ____ |

Total Price of Order = _____

Cash or check (Home and School Association of Penn Alexander) is included.

Save the Date

FALL FESTIVAL

October 20, 2022 | 4-6pm

**FUN
GAMES**

PRIZES

**YUMMY
FOOD**

What's Fall Festival?
See our [2019](#) and [2017](#) pictures

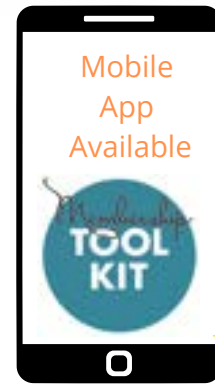


*The Home and School Association
of Penn Alexander Presents:*

HSAPennAlexander.org

Look Here For:

- Family Directory
- School Calendar
- Volunteer Opportunities
- Online Payment Options* for Fundraisers, Events, etc



*We are no longer accepting Venmo or Paypal payments.
You can pay online or with cash/check.



Home and School Association of Penn Alexander

2022-2023 ANNUAL FAMILY GIVING

Annual Family Giving supports your student's education by sustaining the Home and School Association's operating budget. Your gift helps to provide for programs, opportunities, and learning support that are not provided by the school district budget. This allows PAS and the HSA to provide the best experience for your students, school, and community.

This year, your gift will help us fund the following:

- School programming - including the school's full time art position and after school clubs
- Classroom and building supplies - like calculators, voice amplifiers, and PPE
- Teacher support, appreciation and professional development

As well as events and activities throughout the school year, including:

- Ice Cream Social
- Kindergarten Butterflies
- Musical
- Talent Show
- Bingo Night
- 1st Grade Chicks
- Field Trips

Our goal for this school year is to raise **\$150,000**, with 100% of Penn Alexander families contributing. In order to maintain the current level of programming, **we are asking for \$100 per student**. We ask all families to give what they can, understanding that not everyone is able to support financially at all times. In past years, individual donations have ranged from \$10 to \$6,000.



Please Donate Online:



www.HSAPennAlexander.org

(Sign In, Click Support, Choose Annual Family Giving)

Or return this form with Cash or Check
(checks payable to HSA of Penn Alexander)

Parent Name: _____

Student Name(s): _____



*We are no longer accepting Venmo or Paypal payments.
You can pay online or with cash/check.



AUGUST

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

SEPTEMBER

| S | M | T | W | T | F | S |
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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

OCTOBER

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| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

NOVEMBER

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| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |

DECEMBER

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| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

JANUARY

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| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

FEBRUARY

| S | M | T | W | T | F | S |
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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | | | | |

MARCH

| S | M | T | W | T | F | S |
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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

APRIL

| S | M | T | W | T | F | S |
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| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

MAY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
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| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

JUNE

| S | M | T | W | T | F | S |
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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

- First/Last Day of School
- Half Day for Students
- Report Card Conferences
- Schools Closed
- Admin Offices & Schools Closed
- Board of Education Action Meeting

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| | | | 1 | 2 |
| | <i>*All Menus Are Subject to Change*</i> | <i>Daily Milk Variety:</i> • 1% White Milk • FF Chocolate Milk • Lactose Free Milk | Entrée 1 • Breakfast Sandwich Entrée 2 • Muffin Day Vegetable / Fruit Selection • Fresh Banana • Apple Juice | Entrée 1 • Whole Grain Bagel w/ Cream Cheese Cup Entrée 2 • Oatmeal Chocolate Chip Bar Vegetable / Fruit Selection • Fresh Orange • Grape Juice |
| 5 | 6 | 7 | 8 | 9 |
| School and Administration Offices Closed | Entrée 1 • Banana Chocolate Oatmeal Round Entrée 2 • Sliced Banana Bread Vegetable / Fruit Selection • Fresh Grapes • Orange Juice | Entrée 1 • Breakfast Sandwich Entrée 2 • Cheerios Breakfast Bar w/ Juice Vegetable / Fruit Selection • Fresh Apple | Entrée 1 • Mini Cinnamon Waffles Entrée 2 • Rebel Crumble Vegetable / Fruit Selection • Fresh Banana • Apple Juice | Entrée 1 • Breakfast Sandwich Entrée 2 • Mini Loaf Graham Crackers Vegetable / Fruit Selection • Fresh Orange • Grape Juice |
| 12 | 13 | 14 | 15 | 16 |
| Entrée 1 • Mini French Toast Entrée 2 • Cinnamon Toast Bar w/ Juice Vegetable / Fruit Selection • Fresh Pear | Entrée 1 • Breakfast Sandwich Entrée 2 • Nutri Grain Bar String Cheese Vegetable / Fruit Selection • Fresh Grapes • Orange Juice | Entrée 1 • Mini Maple Pancakes Entrée 2 • Crunchmania Vegetable / Fruit Selection • Fresh Apple • Blended Fruit Juice | Entrée 1 • Breakfast Sandwich Entrée 2 • Muffin Day Vegetable / Fruit Selection • Fresh Banana • Apple Juice | School Closed |
| 19 | 20 | 21 | 22 | 23 |
| Entrée 1 • Breakfast Sandwich Entrée 2 • Yogurt Graham Crackers Vegetable / Fruit Selection • Fresh Pear • Pineapple Juice | Entrée 1 • Banana Chocolate Oatmeal Round Entrée 2 • Sliced Banana Bread Vegetable / Fruit Selection • Fresh Grapes • Orange Juice | Entrée 1 • Breakfast Sandwich Entrée 2 • Zee Zees Bar w/ Juice String Cheese Vegetable / Fruit Selection • Fresh Apple • Blended Fruit Juice | Entrée 1 • Mini Cinnamon Waffles Entrée 2 • Rebel Crumble Vegetable / Fruit Selection • Fresh Banana • Apple Juice | Entrée 1 • Breakfast Sandwich Entrée 2 • Mini Loaf Graham Crackers Vegetable / Fruit Selection • Fresh Orange • Grape Juice |
| 26 | 27 | 28 | 29 | 30 |
| School and Administration Offices Closed | Entrée 1 • Breakfast Sandwich Entrée 2 • Nutri Grain Bar String Cheese Vegetable / Fruit Selection • Fresh Grapes • Orange Juice | Entrée 1 • Mini French Toast Entrée 2 • Crunchmania Vegetable / Fruit Selection • Fresh Apple • Blended Fruit Juice | Entrée 1 • Breakfast Sandwich Entrée 2 • Muffin Day Vegetable / Fruit Selection • Fresh Banana • Apple Juice | Entrée 1 • Whole Grain Bagel w/ Cream Cheese Cup Entrée 2 • Oatmeal Chocolate Chip Bar Vegetable / Fruit Selection • Fresh Orange • Grape Juice |

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| | | | 1 | 2 |
| | <i>*All Menus Are Subject to Change*</i> | <i>Daily Milk Variety:</i> • 1% White Milk • FF Chocolate Milk • Lactose Free Milk | Entrée 1 • Hot Dog on WW Bun Vegetable / Fruit Selection • Baby Carrots w/ Dip • Baked Beans • Fresh Pear • Applesauce Cup | Entrée 1 • Korean BBQ Chicken over Rice Vegetable / Fruit Selection • Celery Sticks w/ Dip • French Fries • Fresh Grapes • Diced Pears |
| 5 | 6 | 7 | 8 | 9 |
| | Entrée 1 • Crunchy Fish Sticks Tarter Sauce Heartzels Pretzels Vegetable / Fruit Selection • Broccoli Florets w/ Dip • Savory Corn • Fresh Banana • Applesauce Cup | Entrée 1 • Chicken Tenders Vegetable / Fruit Selection • Cucumber Coins w/ Dip • Tater Tots • Fresh Orange • Strawberry Cup | Entrée 1 • Classic Cheeseburger Vegetable / Fruit Selection • Baby Carrots w/ Dip • French Fries • Fresh Pear • Orange Juice | Entrée 1 • Chicken Cheesesteak Vegetable / Fruit Selection • Celery Sticks w/ Dip • Vegetable Juice • Fresh Grapes • Peach Cup |
| 12 | 13 | 14 | 15 | 16 |
| Entrée 1 • Mac & Cheese Vegetable / Fruit Selection • Celery Sticks w/ Dip • Vegetable Juice • Fresh Apple • Strawberry Cup | Entrée 1 • Meatball Sandwich Vegetable / Fruit Selection • Broccoli Florets w/ Dip • Mixed Vegetables • Fresh Banana • Pineapple Juice | Entrée 1 • Chicken Quesadilla Vegetable / Fruit Selection • Cucumber Coins w/ Dip • French Fries • Fresh Orange • Peach Cup | Entrée 1 • Hot Dog on WW Bun Vegetable / Fruit Selection • Baby Carrots w/ Dip • Baked Beans • Fresh Pear • Applesauce Cup | |
| 19 | 20 | 21 | 22 | 23 |
| Entrée 1 • Grilled Cheese Sandwich Vegetable / Fruit Selection • Baby Carrots w/ Dip • French Fries • Fresh Apple • Strawberry Cup | Entrée 1 • Crunchy Fish Sticks Tarter Sauce Heartzels Pretzels Vegetable / Fruit Selection • Broccoli Florets w/ Dip • Savory Corn • Fresh Banana • Applesauce Cup | Entrée 1 • Chicken Tenders Vegetable / Fruit Selection • Cucumber Coins w/ Dip • Sweet Potato Fries • Fresh Orange • Blended Fruit Juice | Entrée 1 • Classic Cheeseburger Vegetable / Fruit Selection • Baby Carrots w/ Dip • Baked Beans • Fresh Pear • Peaches | Entrée 1 • Korean BBQ Chicken over Rice Vegetable / Fruit Selection • Celery Sticks w/ Dip • Garlic Green Beans • Fresh Grapes • Peaches |
| 26 | 27 | 28 | 29 | 30 |
| | Entrée 1 • French Toast Sticks Turkey Sausage Links (2) Syrup Cup Vegetable / Fruit Selection • Broccoli Florets w/ Dip • Tater Tots • Fresh Banana • Pineapple Juice | Entrée 1 • Chicken Quesadilla Vegetable / Fruit Selection • Cucumber Coins w/ Dip • French Fries • Fresh Orange • Peach Cup | Entrée 1 • Hot Dog on WW Bun Vegetable / Fruit Selection • Baby Carrots w/ Dip • Baked Beans • Fresh Pear • Applesauce Cup | Entrée 1 • Chicken Patty Sandwich Vegetable / Fruit Selection • Celery Sticks w/ Dip • Sweet Potato Fries • Fresh Grapes • Peach Cup |



Learn to Drive (and Race!) Self-Driving Race Cars

Monday, September 19

6:00 p.m.

Self-driving cars are cool, but self-driving race cars are really awesome! Now you can learn how they work. Join Dr. Rahul Mangharam for a fun program to learn more about robot perception, motion planning, and applied machine learning.

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3:00p.m-6:00p.m

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Kids Classes

Pick Up for Fall Breakouts

- The Fall 2023 after school class session is an 13 week series from the week of September 12 through the week of December 13th. Classes are from 4-8 with a 2 pm parent pick up time. No classes the week of Thanksgiving.
- There will be class that we school pick-up on half days and days when school is closed.
- Every parent must fill out a waiver online.
- All child care providers and teachers have to fill child abuse clearance and FBI background checks.

To Register for Kids After School Classes, [click here](#)

PLEASE CLICK HERE TO VISIT OUR ONLINE MEMBER PORTAL so we have your child's current information

PARENTS OF CHILDREN USING THE PICK-UP OPTION MUST SEND A NOTE TO THEIR TEACHERS giving everybody permission to bring them to the studio after school. If child care provider will take the kids to the playground or directly to Everybody for some equipment then this form must be included. The studio will be included, but kids are free to bring their own.

After School Taekwondo (Monday 4 pm)

Kids will enjoy this high energy taekwondo class. no experience required. Class will begin with a warm up, muscular skill building, and finish with a cool down. Emphasis will be on basic techniques, technique skills and coordination.

Ages 3-8

[View Schedule and Register](#)

After-School Taekwondo (Tuesday 4 pm)

Kids will enjoy this high energy taekwondo class. no experience required. Class will begin with a warm up, muscular skill building, and finish with a cool down. Emphasis will be on basic techniques, technique skills and coordination.

Ages 3-8

[View Schedule and Register](#)

After-School Taekwondo (Wednesday 4 pm)

Kids will enjoy this high energy taekwondo class. no experience required. Class will begin with a warm up, muscular skill building, and finish with a cool down. Emphasis will be on basic techniques, technique skills and coordination.

Ages 3-8

[View Schedule and Register](#)

After-School Taekwondo to Music (Thursday 4 pm)

Kids integrate, creativity, teamwork, and self-esteem in this movement based taekwondo class. Students will participate in body based taekwondo games and activities while learning the basics of performance, stretching, and essential taekwondo. Participants are given a fun filled supportive atmosphere. This class will ultimately be a combination of a taekwondo performance class.

Ages 3-8

[View Schedule and Register](#)

After-School Soccer and Cheer (Friday 4 pm)

So challenging and fun contemporary dance class focuses on, dance, and creative to inspire our movement and choreography. Students participate in a structured warm up and routines to develop strength, flexibility and coordination. The class also includes improvisation to boost creativity and self-confidence.

Ages 3-8

[View Schedule and Register](#)

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Check out some of the other activities below.

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